

Week 1 - Wednesday, August 6

Women

| | Age | Swim | Run | Total |
|--------------------------|-----|-------|-------|---------|
| 1 Jamie Arvizo | 36 | 8:07 | 24:29 | 32:36 |
| 2 Emily Barnes | 37 | 7:54 | 27:15 | 35:09 |
| 3 Erin Federline | 39 | 9:19 | 26:56 | 36:15 |
| 4 Leah Miller | 40 | 12:56 | 30:55 | 43:41 |
| 5 Celeste Marokus | 37 | 9:26 | 42:29 | 51:55 |
| 6 Shannon Keegan | 39 | 7:38 | 52:37 | 1:00:15 |

Men

| | | | | |
|--------------------------|----|-------|-------|-------|
| 1 David Hollensbe | 14 | 8:07 | 23:45 | 31:52 |
| 2 Kevin Federline | 40 | 11:17 | 24:59 | 36:15 |
| 3 Arnie Abrams | 61 | 10:08 | 30:07 | 40:15 |
| 4 Todd Lantry | 38 | 5:57 | 41:29 | 47:26 |